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# NEWSLETTER



## Welcome Back to the St. Jude's Monthly Newsletter

Dear Families and Friends,

I'm delighted to share that our St. Jude's Elder Care newsletter is making its return. This monthly update is designed to keep you informed and connected—with stories from our residents, highlights of our dedicated caregivers, and helpful resources for navigating the evolving landscape of elder care and family well-being.

Each edition will offer timely themes, updates from our home, and curated insights to support you and your loved ones.

To begin, June marks Alzheimer's and Brain Awareness Month—a meaningful time to raise awareness, support brain health, and honor those affected by memory loss. In this issue, we're sharing helpful tips, highlighting our thoughtful approach to dementia care, and offering a glimpse into the vibrant daily life at St. Jude's.

Have suggestions or ideas for future editions? I'd love to hear from you. Please feel free to reach out by email.

With gratitude,  
Judy Ragano  
Owner, St. Jude's Elder Care



## Celebrating Father's Day

This June, we celebrated the incredible fathers and grandfathers in our care with heartfelt cards, sweet treats, and meaningful moments. As always, we invited families into our homes to join the celebration—sharing stories, laughter, and love across generations. It's these special visits and shared memories that remind us why we do what we do.



## From Our Care Corner

Staying connected makes all the difference. A quick call, a mailed photo, or even a short voice memo can brighten your loved one's day and strengthen your bond. And don't forget to care for yourself too—rested, supported families are the best partners in care.



## Memorial Day

This Memorial Day, each home was filled with festive spirit as residents honored the brave men and women who made the ultimate sacrifice. Red, white, and blue décor, patriotic centerpieces, and delicious meals reflected the deep gratitude felt throughout the day.

Celebrations continued with sweet treats, shared laughs, and warm conversation. It was a time of reflection and connection, as communities came together to remember and give thanks.



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## Alzheimer's & Brain Awareness Month

This June, we honor those living with Alzheimer's and the families walking beside them. At St. Jude's, our memory care approach centers on compassion, connection, and dignity—because every moment matters.

### Helpful Resources:

Alzheimer's Association 24/7 Helpline:  
1-800-272-3900 [alz.org/help-support](https://www.alz.org/help-support)

[10 Ways to Help a Family Living with Alzheimer's](#)

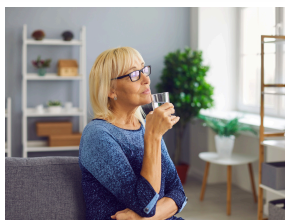
Dementia Communication Tips:  
Stay calm, connected, and supportive.  
[www.alz.org/](https://www.alz.org/)

Looking for advice or have a question?  
Send an email to:  
[judy@stjudeshomes.com](mailto:judy@stjudeshomes.com)

We are here to support both residents and their families—always.

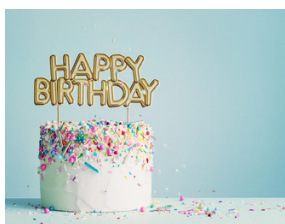
### Safety Check: Beating the Heat

Summer officially arrived on June 21, and we're welcoming the sunshine with care. To keep our residents cool and comfortable, we're using AC, fans, light clothing, and fruit-infused water. Our caregivers stay alert for signs of heat fatigue and adjust routines to ensure everyone's safety and well-being.



### Happy Birthday, Jean Chillas!

We're thrilled to celebrate Jean, who recently turned 77 at our San Dimas Ben Avon Court home through St. Jude's. Her warmth, kindness, and joyful spirit brighten every room. We are so grateful she is part of our community and truly consider her family. Wishing Jean a year filled with happiness and love!



## A Warm Welcome to Our New Residents



This month, we were delighted to welcome Ronald to our San Dimas home off Darwood Avenue, and we're looking forward to greeting Donna next week at our West Covina location on Charvers Avenue.

We currently have two openings in San Dimas: one shared room for a lady and one private room. If you know someone who could benefit from compassionate, quality care, we'd love to connect.

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## Ragano Rundown

Spring has been full of joy for our family—from welcoming new babies and celebrating graduations to cheering on our grandkids from the sidelines. In May, we celebrated two beautiful milestones: my son Tyler Ragano received his Confirmation, and my grandson Ethan made his First Communion. We also hosted our inaugural golf tournament in memory of a dear friend. Surrounded by faith, laughter, and longtime friends, we felt his spirit with us throughout the day.

We've cherished Mother's Day, Memorial Day, Father's Day, and every little moment in between—and we're excited for all that summer has in store.

Thank you for trusting us with your loved ones. They're part of our family—and so are you.



### Caring Beyond Our Walls

Our three girls returned to the field together for the first time at Soccer-Fest, a special tournament benefiting Serenity Foster Care & Adoption. It was a beautiful day of teamwork, joy, and giving back—and they proudly took home second place!



### A Look Back with Love

In 2023, we proudly celebrated the 20<sup>th</sup> anniversary of our very first St. Jude's home in San Dimas. Surrounded by city leaders, community members, and friends, we reflected on how our journey began—with a promise inspired by my late grandmother to create a safe, loving space for seniors and their families. We've been growing ever since!

## Community at the Heart of What We Do



This spring, we celebrated Fire Service Day with a special visit to my daughter's local station. It was a wonderful day filled with demonstrations, food, community, and appreciation for the everyday heroes who keep us safe.